



Monday Morning Mindset Routine

Set the tone for a focused, intentional, and abundant week.

Step 1: Vision Check-In (5 mins)

Ask yourself:

What does my successful self look like this week?

What am I calling in—clients, clarity, opportunities?

Write it down or speak it aloud.



Step 2: Grounding Affirmations (5 mins)

Speak these (or modify your own):

- “I am focused, prepared, and aligned.”
- “Abundance flows to me because I take aligned action.”
- “Every pitch I send is received by the right person.”
- “I am booked, paid, and trusted to deliver value.”



Step 3: Priority Power List (5–10 mins)

Write your 3 Money-Making Moves for the Week:

1. _____
2. _____
3. _____

**Bonus: Write 1 “Do It Scared” task you’ve been
avoiding.**

**Example: “Pitch that speaker event I’ve been stalking
for weeks!”**


